

# Northern Lights Pulse Youth Leadership Conference



March 22-24, 2020  
Ramada Inn, Fargo, ND  
3333 13<sup>th</sup> Ave S, Fargo

VI S I O N  
**2020**

*Helping youth better understand themselves,  
others and the world they live in*

## Preliminary Agenda

### Sunday, March 22:

- 4:30p-6:00p: Registration, burger bar
- 6:00p: Welcome, Intro to NL Pulse
- 6:30p: Mixers
- 7:30p: Presentation: Tha Mash Unit
- 8:30p: Rick Birt, National SADD President, Lauren Roscoe,  
2018-2019 National SADD Student of the Year
- 9:00p: Opening night ends



Jessie Funk

### Monday, March 23:

- 8:00a: Breakfast
- 8:45a: Jessie Funk presentation
- 10:00a: Rotating workshop session 1
- 12:00p: Lunch
- 1:00p: Presentation by FirstLink
- 2:00p: Rotating workshop session 2
- 4:00p: Free time begins (supper on your own)
- 8:00-11:00p: Dance



### Tuesday, March 24:

- 9:00: Breakfast begins
- 9:45a: Presentation/Idea sharing
- 10:30: Chapter action planning time
- 11:00a: Final messages, Closing ceremony
- 12:00p: End of conference (lunch on your own)

## Conference Overview:

Our conference this year will be open to not only SADD chapters, but other youth groups with a mission of helping their peers. Northern Lights Pulse is a new online-based service designed for young people, and it will be launched at the conference. At this conference, we plan to gather input from the attendees about the most relevant issues to them and to their school/community. With the help of our youth, we hope to map out our plan for “**Vision 2020.**”

Workshops and presenters will focus on topics such as dealing with stress, self-identity, inclusion of others, healthy lifestyles and the availability of adult help when needed.

Students will be engaged in the process of evolving the NL Pulse service and identifying creative ways of incorporating its messages into school and community-based projects.

## Important conference notes:

**Attire:** Dress throughout the conference is casual, **EXCEPT for the Tuesday**, when conference attendees should wear more “business-like” attire (ties, suits, dress pants, dresses, etc.). No blue jeans, please. Outfits worn to the dance are to be tasteful. Students wearing clothing deemed by an advisor to be inappropriate will be asked to change.

**Registration Fee: \$115 per person (student and adult) for those paying by check. If paying by credit card the fee will be \$120 per person.** Registration fee includes supper on Sunday evening, breakfast and lunch on Monday and breakfast on Tuesday, a conference tee shirt, and other materials. **The registration link can be found on the nlsadd.com web site.**

*Each chapter/group is responsible for their own hotel accommodations and costs.*

## Hotel Information and pricing

The Ramada has rooms blocked for the NL Pulse conference at a rate of \$86.40 per night plus applicable tax. Call Shannon at 701-499-0040 or Kody at 701-499-0041. You can view the flyer with more details on the nlsadd.com web site.

Rooms are also available at the Expressway Suites, 4303 17<sup>th</sup> Ave. S, for \$79.95 plus tax. Call Susan at 701-239-4303. Rooms are blocked under the name “SADD Conference”

## Conference Registration

Please complete your online registration **by March 13**. For registrations after this date, we can’t guarantee you a conference tee shirt. You can register your group (giving individual names for the name badges and shirt sizes) by following this link. It shows “tickets” as “free”, but you are asked to pay the per-person fee described above:

<https://www.eventbrite.com/e/nl-pulse-conference-tickets-94718897773>

Checks for registration can be sent to:

NLYS, PO Box 743, Hillsboro ND 58045. For credit card payments, call 701-636-5852